

Federal Lunch Program

Here at Bishop McGuinness Catholic High School we follow the recommended guidelines set forth by the National School Lunch/Breakfast Program regardless of paying status. (Paid, Free or Reduced)

Lunch

Student meals are \$3.75. A second student meal is \$4.25. Adult lunch meals are \$4.25

Student may choose 3- 5 items:

- One serving - Meat/Meat Alternate
- One serving - One or two Fruits; whole fruit and/or 4oz cups
- One serving –Vegetable; 4oz or 8oz
- One serving - Bread/Grain
- One serving - Eight ounce Milk

Students need to choose at least three of the above items, one of which **NEEDS to be a fruit or a vegetable** to be considered a **meal**. In receiving the “meal” the paid student gets a good value for their dollar and qualifies for free or reduced pricing for those on the federal program.

National School Program which includes the Free & Reduced program recognizes “meals” from the following serving lines only:

- Main Line
- Hot or Cold Sandwich Line (Grill Line)
- Salad Bar

Bottle drinks, large milk, package snacks, ice cream are **not included with a meal**, and are not paid for through the free/reduced program but may be purchased separately.

The Kiosk line is our outside vender line. It is not sold as a meal and **is not included in the Free & Reduced program**, but is available for purchase.

Kiosk items can only be purchased as a “meal” through the grill line. There we have limited quantities and is first come first serve.

At the Kiosk we serve:

Monday/Chicken Strips(3.00), **Tuesday**/ Neptune(3.75), **Wednesday**/Chick-fil-A (3.25), **Thursday**/Teriyaki Chicken(3.00), **Friday**/Pizza (2.00)

Any food/drink product may be purchased as ala carte at any time.

Questions/comments may be directed to Cafeteria Manager, Laura Scott

Lscott@bmchs.org

842-6656

In accordance with Federal law and United States Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write, USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410, or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

Federal Breakfast Program

Here at Bishop McGuinness Catholic High School we follow the recommended guidelines set forth by the National School Lunch/Breakfast Program regardless of paying status. (Paid, Free or Reduced)

Breakfast

Student meals are \$2.50. A second student meal is \$3.00. Adult lunch meals are \$3.00

Choose 3-4 items:

- One serving - Fruit or Vegetable **or** one full strength 4 ounce fruit juice
- One serving - Eight ounce Milk
- And
- One serving - Meat/meat alternate (**Bacon does not contain enough protein, therefore does not qualify and must be paid separately**)
- One serving - Bread/Grain

Students need to choose at least three of the above items, one of which needs to be a fruit or a vegetable to be considered a meal.

Bottle drinks, bottled milk, and package snacks **are not included with a meal**, and are not paid for through the free/reduced program but may be purchased separately.

Extra servings are available for purchase.

Any food/drink product may be purchased as ala carte at any time.

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